

RCCF MEETS EVERY MONDAY @ 7:30 P.M. ESPANOLA, V. RANUDO ST. CEBU CITY

VOL XXXVIII NO.: _____ DATE: _____

THE FOUNTAIN

CHARTERED OCTOBER 29, 1982

CLUB # 17104

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860



Kids with Cancer of Kytthe Foundation



Cebu Fuente
Rotary
Club



ROTARY
CONNECTS
THE WORLD





PHILIP N. TAN
District Governor

PHILIP NERI ESTOCADA
Assistant Governor, Area 1D

BARBETTE LOMINOQUE
District Secretary



Officers and Directors RY 2019 - 2020



KENDRICK S. SULAY
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Secretary



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International Service Director



POULY JANG
International Service Director



DR. ALAIN O. SENERPIDA
The Rotary Foundation Chairman



LUZ FILIPINAS SAN PEDRO
Ways & Means



MANUEL L. TORRES, JR.
Ways & Means

Advisers



MARY ANNE A. SOLOMON
Past District Governor



JOSEPH MICHAEL P. ESPINA
Past District Governor



CONRADO M. ABARINTOS
Past President



RICHARD G. BARBA
Past President



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Past President



JULIO GONZALEZ
Past President



21st General Membership Meeting

Casino Español de Cebu, V. Ranudo St., Cebu City
February 17, 2020

Area of Focus: Peacebuilding and Conflict Prevention

Vol. 38, No. 19

Programme

DINNER

Part 1	
Call to Order.....	Pres. Kendrick Sulay
Invocation.....	Audio Visual Presentation
Philippine National Anthem.....	Audio Visual Presentation
The Rotary Hymn.....	Audio Visual Presentation
Four Way Test and Objects of Rotary.....	PP Manny Calalang
Introduction of Rotarians / Spouses.....	PP Sol Pasion
Visiting Rotarians/Rotaractors/Guest	

PART 2

Introduction of Guest Speaker.....	PP Alain Senerpida
Guest Speaker.....	Dr. Van Philip Baton
Topic: Corona Virus Disease 2019 (COVID 2019)	
Open Forum (Q&A)	
Presentation Token / Certificate	
Business Matters	

PART 3

Secretary's Report.....	Sec. Butch Climaco III
Treasurer's Report.....	Treas. Emmie Tesalona
Director's Report	
President's Time.....	Pres. Kendrick Sulay
Other matters	
Adjournment.....	Pres. Kendrick Sulay

...Fellowship Continues...

Quote for the Week

"The only thing worse than being blind is having sight but no vision." - Helen Keller



Hosted by:
PP Dick Barba

INVOCATION

O merciful God, grant we pray that all things belonging to your Spirit may live and grow in the hearts and minds of all who serve you, especially these your servants whom we receive today into the nurture of this branch of your Church. May they receive the fullness of your grace and always remain among your faithful and beloved people. Amen.





Presidents Message



Dear fellow Rotarians,

Let me thank to those who joined our pre-valentines fellowship dinner last Feb 10. We all had a great time enjoying the great food, acoustic music and most especially the fun games prepared by our very own PN Bernz Amago.

This month's Rotary theme is Peace Building and Conflict Prevention which is one of Rotary's 6 areas of focus. Some of the underlying causes of conflicts in our country is lack of access to education and poverty. Illiteracy could lead to poor communication, low understanding on the whole concept of governance, lack of planning and even on one's perspective of life in general.

How can our club contribute in solving such conflicts? One maybe is to Adopt a student for a scholarship program. This will be a very good long-term project for our club in sustaining the access of poor children to education. Another could be strengthening our community corp partners to continuously make livelihood in order to elevate the poverty in their barangay's. These are just some few steps we as Rotarian can help addressing some of the causes of conflicts in our communities.

I trust you will join me as we celebrate our successes in the last remaining months of the RY 2019-2020, look to the future and discover new ways to engage Rotarians and touch lives.

Let us continue to heal the world with love and peace.

Thank you.



KENDRICK S. SULAY
President, RY 2019-2020

From Secretary's Desk

Atty. Manuel Climaco III
Secretary, RY 2019 - 2020

Attendance

ROTARY ID #	LAST NAME	FIRST NAME	19th 01/27	20th 02/10	21st 02/17	22th 03/02	Perfect Attendance
6726464	Abad	Jose Alfonso	✓	✓			
6581939	Abarintos	Conrado		✓			
8794289	Abay-Abay	Emman Reyán		✓			
9330462	Amago	Atty. Bernardino IV	✓	✓			
6218949	Amores	Maricel	✓	✓			
6207694	Bacalso	Cristina					
3362897	Barba	Richard		✓			
6207695	Baring	Engr. Jesselito	✓	✓			
1166426	Calalang	Emmanuel		✓			
9447387	Climaco	Atty. Manuel III					
10474763	Dondon	Don Marc					
2036342	Espina	Archd. Joseph Michael	✓	✓			
1166431	Gonzalez	Dr. Julio	✓	✓			
8944393	Jang	Pouly	✓	✓			
3516557	Karamihan	Dave John					
8599266	Kaufmann	Marina					
10411473	Libron	Dr. Tess Annette	✓				
10234515	Llegunas	Dee Hora	RW	✓			
9804883	Llegunas	Kristoffer	✓	✓			
8794288	Lomanta	Atty. Lolita	✓				
10709899	Ong	Jason	✓	✓			
6726443	Pasion	Ma. Consolacion		✓			
10410040	Ponce	Jose Marie		✓			
6581937	Ramos	Geraldine	RW				
8599268	Rimaz	Ma. Dolores	RW	✓			
5476140	San Pedro	Luz Filipinas					
8794286	Senerpida	Dr. Alain		✓			
3264107	Solomon	Mary Anne	✓	✓			
8543450	Sulay	Kendrick	✓	✓			
10709903	Tarte	Reina Fe		✓			
9330558	Tesalona	Emmanuel	✓	✓			
6812215	Tio	Dr. Mary Christine					
5176670	Torres	Archd. Manuel, Jr.	✓				
10713855	Uy	Stephen Henry	✓	✓			
10410033	Yared	Patrick		✓			
TOTAL PERCENTAGE							

BIRTHDAYS

February 25 Betty Veloso
February 21 Raki Vega-Siu

WEDDING ANNIVERSARIES

February 14 Joseph & Yingying Baduel
February 26 Dave John & Gaye Karamihan



President's message

Happy 115th birthday, fellow Rotarians and members of the family of Rotary!

Much has changed in the world since 1905. Then, the global population was roughly 1.7 billion. Today, it is 7.7 billion. There were 5 telephones per 100 people in the United States 115 years ago. In 2020, it is estimated that 96 percent of the U.S. population has a cellphone — and both China and India have more than a billion cellphones in use.

In the 115 years since Rotary was founded, seemingly everything has changed except Rotary values. We began, and remain, committed to fellowship, integrity, diversity, service, and leadership. While our Service Above Self motto dates to 1911, the ethos behind those words had already been ingrained by Rotary's founders.

As the pace of change worldwide continues to accelerate, the need for Rotary service is greater than ever. It's one thing to read about service projects, quite another to see them in action and to see the grateful faces of people who have benefited from them. Rotary projects change lives and connect the world. And over the past year, I have seen some amazing Rotary projects in action.

Gay and I visited Japan's Fukushima prefecture last year. Few places in the world have had to deal with the kind of devastation that visited Fukushima in March 2011, when a tsunami touched off by an earthquake led to disaster at a nuclear power plant. But the story of Fukushima today is not one of destruction; it is one of hope and renewal. Rotary grants have helped improve access to medical and mental health care for victims of the disaster and reduced the isolation of these communities by sharing the experiences of people from other parts of the world who have also recovered from disasters. Our grants have also helped to foster self-motivation and encourage sustainable long-term community recovery across the region.

In Shanghai, I learned about the Careers in Care program. This helps migrant workers fill the need for skilled professionals in elder care facilities. After taking a course, trainees receive certification to boost their employment prospects, while the care industry benefits from an expanded talent pool. Rotary projects like this are successful because they address a local need, and they have the potential to attract local government funding to sustain their impact.

And in Guatemala, Gay and I went to Sumpango. Global grants there provide mechanical cows to produce soy milk; an improved water distribution system; water filters; clean compost latrines; family gardens; support for income generation; and training in WASH and literacy programs. The food items sold there not only provide nutrition to women and children, but also create a source of income for local women.

In every area of focus, and in every part of the world, Rotary projects are improving lives and helping communities adapt in a time of rapid change. As we celebrate another great year for Rotary, let us rededicate ourselves to strengthening the connections that make our service so impactful. We will make lives better as *Rotary Connects the World*.


MARK DANIEL MALONEY
President, Rotary International



**In every area of focus,
and in every part of the world,
Rotary projects are improving lives
and helping communities
adapt in a time of rapid change.**

In Sumpango, Guatemala, workers demonstrate the mechanical cow. Many children in Guatemala are lactose intolerant, and soy milk is a substitute for cow's milk.



**A message from
Foundation Trustee Chair
Gary C.K. Huang**

Ni hao, Rotarians!

Since ancient times, people have built communities around water. Having the ability to draw clean, fresh water from a well means that a village has staying power and the ability to endure hard times.

Wells are vital to people worldwide, but as a metaphor, they are just as powerful. What is The Rotary Foundation's "well"? From what source can we draw to replenish ourselves to keep up with all of the amazing global grants saving lives around the world?

The Rotary Foundation well is our Endowment, of course. We are building a very deep, strong well that will ensure funding for major projects for generations to come. A strong endowment will ensure the long-term financial stability of our Foundation and provide essential resources to help deliver even more outstanding humanitarian service into the future.

We are aiming high with the Building TRF Endowment: 2025 by 2025 initiative to build an endowment of \$2.025 billion by 2025. By then we expect the Foundation's Endowment to have a minimum of \$1 billion in net assets, with the balance in expectancies and bequest-type commitments.

Imagine the good we will be able to do with a \$2 billion Endowment! The investment earnings will provide about \$100 million annually for Rotarians to do all sorts of life-changing projects around the globe, year after year.

Together, we can make this happen. As much as the world changes around us, the well of The Rotary Foundation will stand the test of time and keep making a positive impact on the world.

Confucius took great pleasure from water. He said: "Great water can continuously move forward without stopping. It is so kind as to irrigate the lands everywhere it goes, yet it does not regard itself as having performed outstanding feats. It's just like virtue."

Speaking of accomplishments, the Rotary Club of Shanghai just celebrated the 100th anniversary of its founding. And the club just reached another great milestone: its first Arch Klumph Society member, Frank Yih. *Gōng xǐ* to our friends in Shanghai!

Gary C.K. Huang
FOUNDATION TRUSTEE CHAIR

General Officers of Rotary International 2019-20

President

MARK DANIEL MALONEY Decatur, Alabama, USA

Vice President

OLAYINKA HAKEEM BABALOLA Trans Amadi, Nigeria

Treasurer

DAVID D. STOVALL Hall County, Georgia, USA

Directors

- FRANCESCO AREZZO** Ragusa, Italy
TONY (JAMES ANTHONY) BLACK Dunoon, Scotland
JEFFRY CADORETTE Media, Pennsylvania, USA
MÁRIO CÉSAR MARTINS DE CAMARGO Santo André, Brazil
LAWRENCE A. DIMMITT Topeka, Kansas, USA
RAFAEL M. GARCIA III Pasig, Philippines
JAN LUCAS KET Purmerend, Netherlands
KYUN KIM Busan-Dongrae, Korea
FLOYD A. LANCIA Anthony Wayne (Fort Wayne), Indiana, USA
AKIRA MIKI Himeji, Japan
BHARAT S. PANDYA Borivli, India
KAMAL SANGHVI Dhanbad, India
JOHRITA SOLARI Anaheim, California, USA
STEPHANIE A. URCHICK McMurray, Pennsylvania, USA
PIOTR WYGNAŃCZUK Gdynia, Poland
JOHN P. HEWKO General Secretary
Kyiv, Ukraine

Trustees of The Rotary Foundation 2019-20

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GARY C.K. HUANG Taipei, Taiwan

Chair-elect

K.R. RAVINDRAN Colombo, Sri Lanka

Vice Chair

KENNETH M. SCHUPPERT JR. Decatur, Alabama, USA

Trustees

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BRENDA M. CRESSEY Paso Robles, California, USA
HIPÓLITO S. FERREIRA Contagem-Cidade Industrial, Brazil
JOHN F. GERM Chattanooga, Tennessee, USA
PER HØYEN Aarup, Denmark
JENNIFER E. JONES Windsor-Roseland, Ontario, Canada
SEIJI KITA Urawa East, Japan
JULIA D. PHELPS Amesbury, New Hampshire, USA
IAN H.S. RISELEY Sandringham, Australia
GULAM VAHANVATY Bombay, India
MICHAEL F. WEBB Mendip, England
SANGKOO YUN Sae Hanyang, Korea
JOHN P. HEWKO General Secretary
Kyiv, Ukraine

Grouping Assignments

JULY- Rotary New Year

Kendrick Sulay

Butch Climaco

Emmie Tesalona

JANUARY-Vocational Service

Ging Lomanta

Inday Rimaz

Tess Libron

AUGUST-Membership & New Development

Rady Abarintos

Dina Ramos

Dee Llegunas

FEBRUARY-Peace & Conflict, Prevention/Resolution

Dick Barba

Manny Calalang

Sol Pasion

SEPTEMBER-Basic Education & Literacy

Yumi Espina

Jun Torres

Julio Gonzales

MARCH-Water & Sanitation

Jessie Baring

Joal Abad

Pouly Jang

OCTOBER-Economic & Community Development

Meanne Solomon

Tope Llegunas

Teenie Tio

APRIL-Maternal & Child Health

Tina Bacalso

Marina Kauffman

Newly Inducted Rotarian

NOVEMBER-Rotary Foundation

Alain Senerpida

Don Marc Don don

Dave Karamihan

MAY-Youth Service

Emman Abay-Abay

Jomar Ponce

Patrick Yared

DECEMBER-Disease Prevention & Treatment

Maricel Amores

Bernz Amago

Lulu San Pedro

JUNE-Rotary Fellowship

Newly Inducted Rotarian

Antong Inting

Francis Icamen

Calendar of Activities

FEBRUARY 2020	Peacebuilding and Conflict Prevention
Monday, February 03, 2020	NO GMM MEETING
Monday, February 10, 2020	20th GMM Meeting - Pre-Valentines Fellowship dinner
Wednesday, February 12, 2020	Area 1 Fellowship Activity
Saturday, February 15, 2020	Turnover of 2 Industrial Fan to Don Bosco School in Pasil
Monday, February 17, 2020	21st GMM Meeting
Saturday, February 22, 2020	PETS/SETS Visayas
Monday, February 24, 2020	NO GMM MEETING
Friday, February 28, 2020	Water Tank Donation
MARCH 2020	Water, Sanitation, and Hygiene
Monday, March 02, 2020	22nd GMM Meeting (Discuss April projects)
Monday, March 09, 2020	23rd GMM Meeting (Induction of Rotaract)
Friday, March 13, 2020	Antibullying & Cybersex online seminar
Saturday, March 14, 2020	BLUE MONTH-COLORECTAL FORUM
Monday, March 16, 2020	NO GMM MEETING
Saturday, March 21, 2020	BLUE MONTH-COLORECTAL FORUM
Monday, March 23, 2020	24th GMM Meeting
Saturday, March 28, 2020	BLUE MONTH-FREE CLINIC & CONSULTATION
Monday, March 30, 2020	Grill Fellowship Dinner
APRIL 2020	Maternal and Child Health
Friday, April 03, 2020	NEBULIZER Donation to Provincial Health Office
Monday, April 06, 2020	NO GMM MEETING
Thursday, April 09, 2020	Station of the Cross & Visita Iglesia
Monday, April 13, 2020	25th GMM Meeting
Saturday, April 18, 2020	Turnover of Ayala Bench
Monday, April 20, 2020	26th GMM Meeting (PARTNERS IN SERVICE @ Casino Espanol de Cebu, Cebu City)
Saturday, April 25, 2020	River Clean up
Monday, April 27, 2020	27th Fellowship Meeting



FEBRUARY events

15-29 Go for the greens

EVENT: Hole in One Shootout

HOST: Rotary Club of Chandler-Horizon, Arizona

WHAT IT BENEFITS: Local charities

WHAT IT IS: On 15-17, 21-23, and 28-29 February, spend \$1 a ball at the San Marcos Golf Course and play golf with a chance to win daily prizes. Those who qualify will compete in the finals on 1 March, with a \$100,000 prize if someone makes a hole-in-one.

7

Runnin' in the night

EVENT: Twilight 5K Run

HOSTS: Five Rotary clubs in Lakeland, Florida

WHAT IT BENEFITS: Common Ground Playground, an inclusive playground

WHAT IT IS: Participants run (or walk) around scenic Lake Hollingsworth. There are short-distance events for kids. Participants receive ribbons and glow-in-the-dark bracelets, and food and drinks are available after the race.

8-9

Ice, ice, baby

EVENT: Ice Fishing Derby

HOST: Rotary Club of Meredith, New Hampshire

WHAT IT BENEFITS: Local charities

WHAT IT IS: If ice fishing is your thing, you can compete for bragging rights; the most successful anglers in various categories win cash prizes. If ice fishing is not your thing, you can still enter your name for daily cash drawings.

21

Pre-Mardi Gras party

EVENT: WineQuest

HOST: Rotary Club of Huntsville, Texas

WHAT IT BENEFITS: Local homeless shelter and youth-related projects

WHAT IT IS: Get a jump on Fat Tuesday with a tasting of wines from around the world, including four from a local vineyard. Craft beer will be on hand as well, along with food from local restaurants and caterers.

27-29

Rotarians take the stage

EVENT: Variety Show

HOST: Rotary Club of Coldwater, Michigan

WHAT IT BENEFITS: Local and international charities

WHAT IT IS: Musical performances and comedy sketches are the draw at the historic Tibbits Opera House. More than \$30,000 is raised annually in this town of just 10,000 to fund local and international projects. This year's theme is "At the Movies."

Tell us about your event. Write to rotarian@rotary.org with "calendar" in the subject line.

A Dose of Positive Thoughts



MARICEL BORRROMEO-AMORES GML Editor -In-Chief, District 3860 President, RY 2017-2018

The pitfall of persons is when they start comparing their lives with others. In the advent of social media where all “bright, beautiful and fine things in life” are advertised, publicized and broadcasted, there is that natural tendency to reflect on one’s current situation . Inevitably, the comparison game is triggered. But actually the comparison is only the façade and not

the inside which is far more important. It is more on the material things in life that instigates the whole exercise. One is successful if one is mega-wealthy- sexy and fashionable...but is it truly the measure and standard of achievement? Of course not!

We must not forget that we all have our respective voyage and it will just slow you down when you wish you had someone else’s life. For after all, we do not really know what goes on behind closed doors in their lives. You could have a better life than them.

COMPARISON
IS AN
ACT OF
VIOLENCE
AGAINST
THE SELF

IVANLA VANZANT

NOTESONBLISS.COM

EVERYDAYPOWERBLOG.COM

“

Every minute you spend
wishing you had someone
else's life is a minute spent
wasting yours.



So resist the urge to compare and instead count the blessings and good life you have right now and cultivate a grateful heart. Stay committed to your personal goal and not the goals of others so you do not get discouraged, disappointed and disillusioned. Never allow anyone or anything to thwart the real happiness that you deserve in life and which God has designed exclusively for you.

Speaker's Profile

VAN PHILLIP BATON

Home Address : Tagbilaran City, Bohol
Mobile phone : 0917-314-4030
E-mail Address : vpb.1983@gmail.com
Born : 10 February 1983



SUMMARY OF WORK EXPOSURE

- At least 6 years of work experience largely on public health, namely :
 - Medical Officer III (July 2016 – Present)
Department of Health Central Visayas Center for Health Development
 - Universal Health Care Implementor (January 2016 – July 2016)
Department of Health Central Visayas Center for Health Development
 - Staff Nurse (January 2007 – April 2008)
Department of Health Central Visayas Center for Health Development
- Approximately 2 years of teaching experience:
 - College of Nursing – University of San Jose Recoletos, Cebu City
- Trainer, Facilitator, Resource Speaker on various topics related to Re-Emerging Infectious Disease, National AIDS and STD Prevention and Control Program, Schistosomiasis and Soil-transmitted Helminths

EDUCATION

- December 2018 – June 2019 Master in Development Management
Developmewnt Academy of the Philippines
- 2010 – 2014 Doctor of Medicine
West Visayas State University
- 2002 - 2006 Tertiary Education – Bachelor of Science in Nursing
University of Bohol
- 1996 - 2000 Secondary Education – Doctor Cecilio Putong National
Highschool

Hotline Numbers



Cebu City Government HOTLINES



Need an Ambulance?
0947-178-0000
0947-178-9999
Ambulance Disaster Hotline



For accidents and calamities?
0918-921-0000
Emergency Rescue Unit
Foundation (ERUF)



In case of Fire?
0942-790-7907
Cebu City Fire Station



Police Assistance?
0939-911-9111
Police & Emergency Related



Garbage Pickup?
0912-444-5555
Basura Hotline

Sidewalk vendors or illegal fence?
0918-911-3232
Prevention, Restoration,
Order, Beautification and
Enhancement Team (PROBE)

Questions about the Long Life
(Daily Delivery of Free Medicines Project)?
0939-911-3232
Long Life Medical
Assistance Office

Senior Citizen Assistance?
0922-718-7266
Office of the Senior
Citizens Affairs Office

Building Permit?
0943-848-6237
0939-911-3233
Office of the Building Official



Lamp post problem?
0932-727-6489
Street lighting Hotline



Having problem
with your drainage?
0967-246-9552
Drainage Declogging



Need help with a Business Permit?
0917-842-3772
Business Permit Section



Want to report a traffic
violator to CITOM?
0939-999-3232
City Traffic Management Office (CITOM)



Have a problem with your
Barangay that the Captain
cannot/will not fix?
0939-939-1111
Barangay Affairs Office



Need assistance for Hospitalization
and Medicines?
0932-727-6454
City Hospitalization Assistance and
Medicines Program (CHAMP)



Persons With Disabilities?
0932-727-6476
Department of Social
Welfare and Services



Burial Assistance?
0998-999-3232
Burial Assistance Office



Text me the Mayor? :D
0917-329-9999
MAYOR TOMMY OSMEÑA

The 2020 SINGAPORE Rotary Institute



Singapore
2020 ROTARY INSTITUTE

This Annual Event will be held on 4-6 December, 2020 at The SUNTEC CITY CONVENTION CENTER Singapore. This annual event brings together past, present and future district governors and senior leaders from Zones 1B, 9, 10(A, B, C) to share information, exchange ideas about Rotary International (RI) and The Rotary Foundation (TRF), and build new connections and fortify old ones. It is also a golden opportunity for all Rotarians to catch up their Rotary friends from various Regions.

Together at the 2020 Singapore Rotary Institute we shall connect, inspire and empower in Rotary!

EVENT HIGHLIGHTS

- Governors-elect Training Seminar (GETS)
- Governors-nominee Training Seminar (GNTS)
- District Trainers Training Seminar (DTTS)
- Regional Rotary Foundation Seminar (RRFS)
- Rotary Institute
- Golf Fellowship



REGISTER NOW

for this exciting event at
QR CODE or URL below.



FREE GIVEAWAYS
for the First 200 registrants*

<https://2020singaporerotaryinstitute.org/register/>

Rotary



Zones 1B, 9, 10(A, B, C)

2020 SINGAPORE ROTARY INSTITUTE

Zones 1B, 9, 10(A, B, C)

SUNTEC SINGAPORE CONVENTION & EXHIBITION CENTRE

4 - 6 DECEMBER 2020

The Venue

Suntec Singapore is the World's Leading Meetings & Conference Centre, located at the heart of Asia's most integrated meetings, conventions and exhibitions hub. Only 20 minutes from Changi International Airport, Suntec Singapore is conveniently located in the Central Business District and just minutes from the city's entertainment and cultural attractions. Suntec Singapore offers direct access to 5,200 hotel rooms, 1,000 retail outlets, 300 restaurants, 6 museums and Esplanade – Theatres on the Bay.

Special rates have been arranged at the following 5 hotels:

Main Hotels surrounding venue

• Conrad Centennial Singapore • Pan Pacific Singapore • PARKROYAL Collection Marina Bay

Other Hotels

• PARKROYAL on Beach Road • PARKROYAL on Kitchener Road

<https://2020singaporerotaryinstitute.org/accommodation.php>

REGISTRATION FEES

Institute 4.12.2020 – 6.12.2020

Institute	Registration Fee (Regular)	Registration Fee (Early Bird*)
Institute (Individual)	USD 320.00	USD 290.00
Institute (Spouse)	USD 270.00	USD 250.00
Institute (Rotarian + Spouse)	USD 550.00	USD 490.00

Pre-Institute Sessions

Pre-Institute Session Name	Dates	Registration Fee (Regular)
Governors-elect Training Seminar (GETS) <i>Inclusive GETS Spouse Training Seminar and GETS Graduation Dinner on 3.12.2020</i>	2.12.2020 and 3.12.2020	USD 380.00
Governors-nominee Training Seminar (GNTS) <i>Inclusive 1 group dinner on 3.12.2020</i>	3.12.2020	USD 250.00
GNTS Spouse Lunch Ticket	3.12.2020	USD 50.00
GNTS Spouse Dinner Ticket	3.12.2020	USD 70.00
District Trainers Training Seminar (DTTS)	3.12.2020	USD 130.00
Regional Rotary Foundation Seminar (RRFS) <i>Inclusive 1 TRF Recognition Luncheon ticket</i>	4.12.2020	USD 120.00
TRF Recognition Luncheon – additional ticket	4.12.2020	USD 50.00
Golf Fellowship	4.12.2020	USD 200.00



You've Got Mail



Cebu Grand Convention Center
Cebu City | March 5-7, 2020

10 February 2020

Dear Fellow Rotarians,

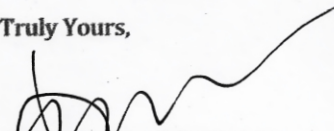
Warm greetings! In view of the recent advisory from the Secretary of Health recommending the cancellation plan of big events and mass gathering, we would like to inform you that the Organizing Committee and host clubs of Rotary International 3860 District Conference 2020 have decided to heed the advice of the Department of Health and postpone the event. This in consideration of the health and safety of everyone concerned.


For your convenience and in order for you to be able to make the necessary adjustments in your schedule, the date for the event has been moved to May 13, 14 & 15, 2020. Furthermore, the Organizing committee is currently working out with the airline companies for the waiver fees for those that have already booked their tickets for the DISCON.

The DISTAS has also been likewise reset to June which will be further announced by DGE Riezl Reyes as the convenor of the said event.

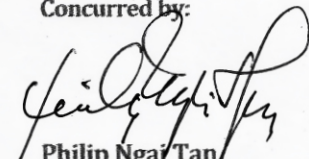
We trust your kind understanding as our primordial concern is your welfare.

Truly Yours,


Omar Maxwell P. Espina
DISCON 2020 Chair
Rotary Club of Cebu West


Alvin P. Olalo
President, Host Club
Rotary Club of Cebu West.

Concurred by:


Philip Ngai Tan
District Governor
Rotary District 3860

Rotary
Area one



ROTARY
CONNECTS
THE WORLD

ROTARY WEEK

February 23 - March 1, 2020

CELEBRATE ● COLLABORATE ● CONNECT!
Make it a memorable Rotary Week!

Fellowship Denim Nite

February 23, 2020 | 6:00 PM
Cebu Country Club

- Let's celebrate the Rotary Founding Day with a Rotary Got Talent Showdown!

Service to the Max

Club Service Activities
February 24-29, 2020

- Let's intensify our humanitarian work
- Promotion of Peace
- Fighting Diseases
- Providing Clean Water Sanitation & Hygiene
- Saving Mothers & Children
- Supporting Education
- Growing Local Economies

Support our Youth

Send a delegate to the
INTERACT BOOTCAMP

- **WOW: Wisdom of Winners**
January 29 - March 1, 2020
Cebu Alta Village Resort Mactan
Sponsoring Clubs are invited to the Awarding Ceremony at 11:00AM on March 1, 2020

HOST: District Officers



HOST: Individual Clubs



HOST: RC Cebu Gloria Maris



For inquiries, call: Rotary Week Chair Rodien Paca (0917 6254023)



Rotary honors 6 humanitarians for work with refugees

Six members of the family of Rotary were honored in November as People of Action: Connectors Beyond Borders during Rotary Day at the United Nations in New York City. The annual event, which celebrates the vision for peace that Rotary and the UN share, focused in 2019 on the global refugee crisis.

Throughout Rotary’s history, members have helped people affected by war, famine, and disaster. Today, the number of refugees worldwide is the highest it has been since World War II. The six honorees — five Rotarians and a Rotary Peace Fellow — have found community-based solutions to the refugee crisis.



Hasina Rahman

**Rotary Club of Dhaka
Mavericks, Bangladesh**

➡ Rahman, an assistant country director at Concern Worldwide, has mobilized Rotary clubs and partner agencies to raise funds for an outpatient center that provides lifesaving health care and nutrition services for Rohingya children and mothers who have fled to a refugee camp in Bangladesh to escape violence in Myanmar. The center has screened thousands of children and helped hundreds who were severely malnourished. Staff members and volunteers have been trained in feeding infants and young children, and refugee families have received information in their own language about breastfeeding and proper hygiene.



Ace Robin

**Rotary Club of Mataram
Lombok, Indonesia**

➡ Ace has led efforts by her club and community to provide assistance to people displaced by a series of earthquakes that struck the Indonesian island of Lombok in 2018. As the contact person for ShelterBox, she aided in the delivery of 685 units of temporary housing near Lombok and later initiated a project to build 230 more. She and her fellow club members brought water, food, and other necessities to displaced people and provided supplies for students. Ace remains involved in the long-term recovery efforts.



Ilge Karacak-Splane

Rotary Club of Monterey Cannery Row, California

➤ After visiting several tent camps in Turkey housing refugees from Syria, Karacak-Splane organized Rotary clubs to provide 1,000 pairs of children's shoes and socks in 2017. Recognizing that the children also lacked access to schools, Karacak-Splane and her Rotary club launched a global grant project to help educate refugee children.



Lucienne Heyworth

Rotary Peace Fellow (Uppsala University, 2015-17)

➤ Heyworth developed an "education in emergencies" curriculum to provide instructional materials that can be used in makeshift learning spaces to teach people displaced by conflict. Such spaces serve as critical safe places for entire communities, where families can address other basic needs such as food, hygiene, and health. Heyworth, who was a teacher before she developed her expertise in providing education in areas of conflict, has focused her work in the Middle East.



Vanderlei Lima Santana

Rotary Club of Boa Vista-Caçari, Brazil

➤ Santana has led efforts to welcome and care for thousands of Venezuelan refugees arriving in northern Brazil because of desperate economic conditions in their country. Santana's club has been working with the Brazilian government and with nonprofit organizations to coordinate the distribution of meals and vaccines to more than 1,000 refugees who are living in streets or makeshift shelters in a plaza near the local bus station. They also provide professional development assistance and places to sleep, and help the refugees relocate to other parts of the country.

Bernd Fischer

Rotary Club of Berlin, Germany



➤ Fischer, a retired diplomat, is coordinating Rotary clubs in Europe and the United States on a global grant project to integrate 240 refugee women into German society by helping them overcome cultural and language differences that hinder their participation in daily life. The project has already trained 100 women, providing them with mentoring in their own languages, job training and placement assistance, medical and psychological treatment, and child care.

Rotary's Two Official Mottos

Source: <https://www.rotary.org/en/rotary-mottos>



Service Above Self and One Profits Most Who Serves Best, Rotary's official mottos, can be traced back to the early days of the organization.

In 1911, the second Rotary convention, in Portland, Oregon, USA, approved He Profits Most Who Serves Best as the Rotary motto. The wording was adapted from a speech that Rotarian Arthur Frederick Sheldon delivered to the first convention, held in Chicago the previous year. Sheldon declared that "only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best."

The Portland gathering also inspired the motto Service Above Self. During an outing on the Columbia River, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, USA, talked with Seattle Rotarian J.E. Pinkham about the proper way to organize a Rotary club, offering the principle his club had adopted: Service, Not Self. Pinkham invited Rotary founder Paul Harris, who also was on the trip,

Arthur Frederick Sheldon, the Rotarian whose convention speech inspired Rotary's secondary motto, One Profits Most Who Serves Best

to join their conversation. Harris asked Collins to address the convention, and the phrase Service, Not Self was met with great enthusiasm.

At the 1950 Rotary International Convention in Detroit, Michigan, USA, two slogans were formally approved as the official mottos of Rotary: He Profits Most Who Serves Best and Service Above Self. The 1989 Council on Legislation established Service Above Self as the principal motto of Rotary because it best conveys the philosophy of unselfish volunteer service. He Profits Most Who Serves Best was modified to They Profit Most Who Serve Best in 2004 and to its current wording, One Profits Most Who Serves Best, in 2010.



A name badge from the 1928 Rotary International Convention features Rotary's mottos.

02-10-2020 20th RCCF GMM Pre-Valentine Fellowship



02-10-2020 20th RCCF GMM Pre-Valentine Fellowship



02-12-2020 Area 1A to 1E Fellowship



**ENHANCED.
REDESIGNED.
SIMPLIFIED.**



Welcome to the new
ROTARY LEARNING CENTER

Enrich your Rotary experience and leadership
by visiting the improved rotary.org/learn





**FIND
ALOHA
AT SEA**

Honolulu, Hawaii, USA | 6-10 June 2020
Register today at riconvention.org



**HONOLULU
HAWAII 2020**

2019 NOVEL CORONAVIRUS Acute Respiratory Disease (2019-nCoV ARD)

HEALTH ADVISORY

For Outgoing Travelers



PREVENTIVE MEASURES

Wash hands often with soap and water for at least 20 seconds.

Use an alcohol-based hand sanitizer if soap and water are not available.

Cover your mouth and nose with a tissue or sleeve when coughing and sneezing.

Dispose tissue in a waste can.

Maintain distance from individuals manifesting with flu-like symptoms.

Avoid animals (alive or dead), animal markets, and products that come from animals (i.e. uncooked meat)

WHAT TO DO

Avoid traveling to places with known novel coronavirus cases.

Strictly follow advisories and public health plans of the country you are going to visit or stay.

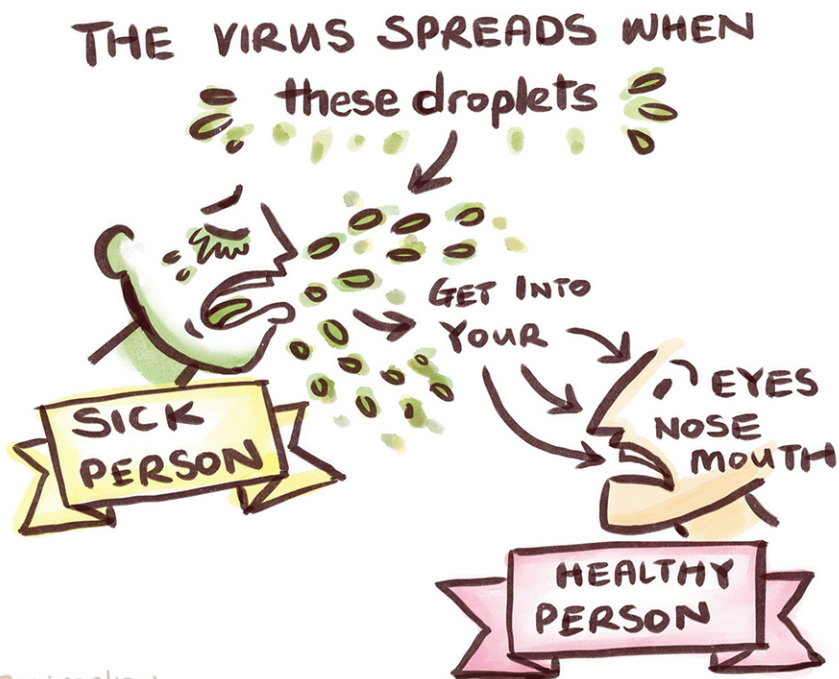
Know the health facility/ies nearest to your location.



Health Alert

THERE'S ONLY ONE THING
YOU NEED TO UNDERSTAND
ABOUT HOW A CORONAVIRUS
SPREADS.

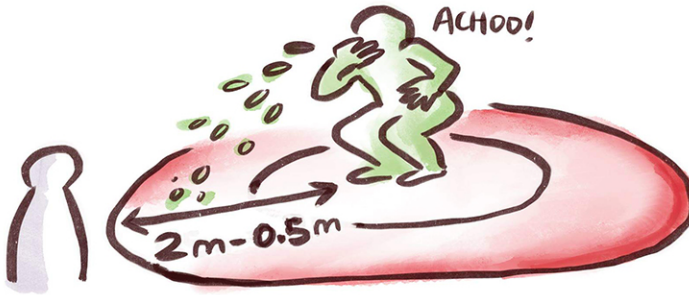
@weimankow



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Health Alert

SO IF YOU SEE SOMEONE WHO IS VISIBLY COUGHING/SNEEZING/SICK, YOU CAN CHOOSE TO:



- ① KEEP YOUR DISTANCE. 2m to 0.5m will keep you safe from large droplets.

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OR,



- ② GIVE THEM A MASK. THEY CAN COUGH / SNEEZE INTO IT AND PROTECT EVERYONE ELSE NEARBY

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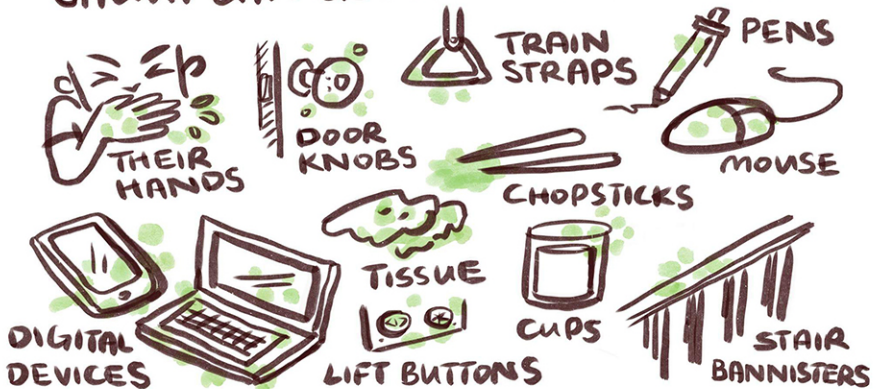
Health Alert

AND IN GENERAL, IT'S A GOOD IDEA TO AVOID CROWDS, BECAUSE YOU DON'T KNOW WHO MIGHT BE SICK.



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HOWEVER, SOMETIMES A SICK PERSON'S SALIVA CAN GET ON OTHER THINGS...



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Health Alert

AND IF YOU TOUCH ANY OF THESE THINGS BY ACCIDENT, AND THEN TOUCH YOUR FACE,



YOU MIGHT ALL FALL SICK.

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VIRUSES CAN LAST FOR UP TO 24 HOURS ON OBJECTS,



AND THE ONLY EFFECTIVE WAY TO GET RID OF THEM IS TO WASH THEM OFF WITH SOAP.

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Health Alert

WHICH IS WHY IT IS ALSO
GOOD TO FOLLOW THESE

5

PRECAUTIONS

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1 DO NOT TOUCH YOUR FACE.
(OR ANYONE ELSE'S FACE.)

IF YOU HAVE TO, WASH YOUR HANDS
WITH SOAP THOROUGHLY FIRST.



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Health Alert

WHAT IS THOROUGHLY?

WASH THE
BACK OF YOUR
HANDS

BETWEEN
THE FINGERS



UNDER
THE NAILS



FOR 20
SECONDS

ENOUGH TIME TO
SING "HAPPY BIRTHDAY"
TWICE



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2

THROW AWAY MASKS ONCE
THEY FEEL GROSS, DON'T
WEAR THEM FOR MORE THAN
A DAY!

*BACTERIA
GROWS ON THE
INSIDES OF
YOUR MASK IF
YOU WEAR THEM
TOO LONG



ALSO, DON'T TOUCH
THE OUTSIDE OF
THE MASK IF YOU
CAN.

IF YOU DID,
DON'T WORRY,
JUST WASH
YOUR HANDS
WITH SOAP AFTER

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Health Alert

3 DO NOT SHARE FOOD,
UTENSILS, CUPS, TOWELS.



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AND FINALLY,

5 ALWAYS WASH YOUR
HANDS WITH SOAP ...

• BEFORE YOU
EAT



• AND AFTER
BEING OUT
IN THE PUBLIC

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Health Alert

STAY SAFE,
EVERYONE!



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MAIN REFERENCES FOR MEDICAL INFO :

1. "How to Avoid the Coronavirus? Wash Your Hands", by Elizabeth Rosenthal, in The New York Times, Opinion. (Jan 28, 2020)
2. "The Wuhan Virus :How to stay Safe ", by Laurie Garrett, in Foreign Policy, Report. (Jan 25, 2020)
3. "This animation shows how far your Sneeze can actually travel." by Chia-Yi Hou and Andrea Schmitz, in Business Insider (Jan 21, 2020)

Read the articles for more tips!

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Cebu Fuente
Rotary
Club



100% PAUL HARRIS CLUB
in Rotary International District 3860
for RY 2016-2017



Cebu Fuente
Rotary
Club



**ROTARY
CONNECTS
THE WORLD**

**END
POLIO
NOW**

www.rccebufuente.org
info@rccebufuente.org



Congratulations to the Rotaract Club of Cebu Fuente UV Chapter for having the following:

MOST OUTSTANDING PROJECT IN:

- HEALTH
- EDUCATION/LITERACY
- WATER AND SANITATION

and for being awarded as **THE MOST OUTSTANDING ORGANIZATION** of the University of the Visayas!



Invite someone to become a

The
Rotary
Foundation



Rotarian today.

Join Rotary Club of Cebu Fuente



Spread the Word!

On the Spotlight



Pre-Valentines Day Celebration

NOTES:
